Our talented team travels here, there and everywhere in search of incredible products and amazing new services. We coax out celebrity secrets to bring you A-list favourites such as Heaven by Deborah Mitchell and Dr. Dennis Gross Skincare, and all our products are tested – on us – so you know you're getting the absolute best. We're also dedicated to complimenting your well-deserved moments of beauty. That's why our loyalty programme builds a relationship that rewards you with relaxing treatments, time-saving tips, and handy suggestions.

But just like you, we know there's more to life than being pretty and pampered. Staff welfare is at the heart of everything we do. We love our team as if they were our own family, teaching our therapists lifelong skills at our beauty boot camp and providing scholarship opportunities for their children. We love our community and are actively involved in local charity fundraising campaigns and other neighbourhood events. We love our planet, sourcing environmentally-sound products and services wherever we can. And we love you, striving every day to make you feel even more valued and cherished. By loving everything we touch, we can promise beauty inside and out so you can ...just be beautiful!

But don't just take it from us; we've been recognised for our caring approach numerous times. These awards – including VIVA Magazine's 'Best Nail Bar' for three consecutive years – prove what we've always known: that beauty and brains are a winning combination.

'Best Nail Bar' by VIVA Magazine (2008, 2009, 2010)

'Business Woman of the Year' (Shabana Karim) by Dubai Quality Group (2010)

'Best Salon of the Region' by Essie (2011)

'Industry Award Winner for Health & Wellness' by SME Stars of Business Awards (2011)

'Admirable Woman Entrepreneur of the Year' (Shabana Karim) by SME Stars of Business Awards (2011)

'Corporate Social Responsibility Award' by Dubai Chamber (2011, 2012, 2013)

Nail Necessities

Therapeutic Treats

So Smooth

Brilliant Brows

All About Us

Body Bliss



Love your hands and feet again with our pampering selection of classic treatments and polishes.

Complete Classic

Give hands and feet a much-needed boost with our classic mani-pedi. Natural products with botanical extracts and minerals add shine and moisturise, while a burst of beautiful colour is the cherry on top.

(H)(F)	180 Dhs*	50 mins
H	90 Dhs	50 mins
(F)	100 Dhs	50 mins

Flawless French

Wow hands and feet with winter-white tips over a sheer or a colour base polish for the ultimate cosmopolitan mani-pedi.

(H)(F)	French / Colour Fre	nch
	190 / 200 Dhs*	50 min

\bigcirc	French / Colour Fre	nch
	95 / 100 Dhs	50 mins

F	French / Colour Fre	ench
	105 / 110 Dhs	50 mins

Natural Nails

Show off your natural beauty with a unique conditioning mani-pedi that smoothes ridges and improves colour, leaving nails with a long-lasting, high-gloss and polish-free shine.

(H)(F)	180 Dhs*	50 mins
(H)	90 Dhs	50 mins
(F)	100 Dhs	50 mins

Final Finesse

Shorten drying time with our moisturising spray that promises touch-dry nail polish in a flash.

Bio Sculpture Quick Dry Spray 10 Dhs

*Combo special prices not valid in conjunction with any other discount or promotion.

Colour Gel

Our colour gel mani-pedi treatments promise a non-chip permanent gel finish that's so natural you'll be amazed.

Bio-Sculpture is best for short nails and **Essie Gel** is great for all nails and comes in 36 stunning colours.

(H)(F)	Natural or Classic	
	290 Dhs*	80 mins

- (H) F French / Colour French 310 / 340 Dhs* 90 mins
- (H) Natural, Classic / French 150 / 160 Dhs 70 / 80 mins
- F Natural, Classic / French 160 / 180 Dhs 80 / 90 mins
- (H) Colour French 185 Dhs 80 mins
- F Colour French
 195 Dhs 90 mins

Colour Gel Care

- H)(F) Soak Off with new set 50 / 50 Dhs
- H)/F Soak Off without new set 70 / 90 Dhs 40 mins
- (H) = Hands (F) = Feet

Little Ladies

Special nail care services for little ladies aged 6-12 years. Mums and daughters can also enjoy a 15 Dhs saving on combined treatments of 200 Dhs or more.

- (H) Mini Manicure 45 Dhs 30 mins
- F Mini Pedicure
 50 Dhs 30 mins
- (H)/(F) Mini Shape & Polish 30 / 30 Dhs 20 mins
- (H)/F) Mini Polish Change 20 / 20 Dhs 20 mins

Perfect Polish

The perfect quick fix for busy ladies, we shape your nails to your preferred style and finish with a slick of captivating colour and shine.

- (H) Shape & Polish / French / Colour French 55 / 60 / 65 Dhs 30 mins
- F Shape & Polish / French / Colour French 60 / 65 / 75 Dhs 30 mins
- (H) Polish Change / French / Shape & Buff 50 / 55 / 55 Dhs 20 mins
- F Polish Change / French / Shape & Buff 55 / 60 / 55 Dhs 20 mins

Nail Necessities

| herapeutic Ireats

Brilliant Brows

Body Bliss



Relax and rejuvenate with our indulgent 'in-chair' pampering therapies.

DDG Alpha Beta Peel Facial

Hollywood's secret treatment for diminishing fine lines and wrinkles is here! A gentle exfoliating treatment from celebrity dermatologist Dr. Dennis Gross visibly reduces pore size, banishes breakouts and perfects sensational skin tone with a blend of alpha and beta hydroxy acids. We recommend a series of 6-8 treatments to start as results are cumulative – be warned, the clear and radiant glow is addictive!

270 Dhs

30 mins

(H)(F) DDG Hands or Feet Facial

Enjoy younger looking limbs with this incredible age-busting hand and feet 'facial'. Tackle tired hands or feet with a treatment – devised by NYC dermatologist Dr. Dennis Gross - that improves skin density, texture and tone.

160 / 170 Dhs 30 mins

DDG Instant Glow Facial

Brighten and boost skin in an instant with a tingling and tantalising 'facial in a flash' from celebrity skin care expert. Dr. Dennis Gross. Alpha and beta hydroxy acids deliver soft skin and a long-lasting, radiant glow which can be extended for a further 30 days with our 'at-home' Alpha-Beta Daily Face Peel product.

160 Dhs 20 mins

(H) So Sweet Almond Dip

Pamper those fingers with a deliciously warm sweet almond oil dip that softens the cuticles and boosts vour nails' health.

95 Dhs

30 mins

Combine any Therapeutic Treat with our Complete Classic. Flawless French or Natural Nails treatment and enjoy a 15 Dhs saving. NB 15 Dhs saving is not applicable on combo package prices.

(H)(F) Go Mango Mandarin

Restore your get up and go with this anti-ageing and anti-oxidant treatment. Enjoy radiant skin with a Dead Sea salt soak, sugar scrub, and a highly-hydrating hot stone bootie/mitten moisture mask and massage cream.

30 / 40 mins 95 / 105 Dhs

(H)(F) Hot 'N' Cold Hydrotherapy

Stimulate circulation with this must-have minty Kneipp hydrotherapy. Pep up palms or toast tootsies with hot soaks, cold wraps and hot stone booties/mittens to pamper heavy, tired limbs and reduce water retention

95 / 105 Dhs 30 / 40 mins

(H)(F) Zone Therapy

Gently ease away stress and tension while stimulating body and soul with relaxing zone therapy and pressure point healing massage.

95 / 105 Dhs 30 / 40 mins

(H)(F) Aromatherapy Indulgence

Relax and re-energise with a personalised selection of essential oils that soothe aching muscles and stimulate circulation.

95 / 105 Dhs

30 / 40 mins

(F) Lavender Heel Peel

Cast off calluses and reveal super soft soles with a Lavender salt soak, AHA heel peel and sugar scrub followed by a soul-warming hot stone bootie wrap.

40 mins

105 Dhs

(H)(F) Wrap & Relax

Dip into a hydrating hot paraffin wrap that rejuvenates hands and feet while its alluring aroma soothes your senses.

145 / 155 Dhs 30 / 40 mins

(F) Minty Chocolate Sole Scrub

Put your feet up and scrub the day off with a tingling peppermint scrub followed by a mouthwatering chocolate candle oil massage that delivers soft and sparkling soles in a flash.

20 mins

75 Dhs

B&N Reviver

Multi-task with an in-chair deep pressure point back and neck massage – and enjoy complete relaxation while pampering other parts.

30 mins

(H) = Hands (F) = Feet



Bio Sculpture Gel Dhs Mins Eye-catching extensions with non-chip nail colour for stronger, longer nails. (H) French Tips 390 120 (H) French Moulded 400 150 Colour Moulded 140 365 Natural Moulded 325 120 French Overlay 325 100 Colour French Overlay 325 120 Colour Overlay 250 90 Natural Overlay 200 80 Glass Nails 400 150 Gradation Moulded 150 Gradation Overlay 300 100 (H) Lavender Base Treatment 140 60 Bio Sculpture Gel Care Dhs Mins (H) Refill Colour Refill Natural Rebalance 305 Weekly Check-Up 20 20 Buff and Polish 80 60 Soak Off 100 40 Soak Off & Lavender Base 130 40

Enjoy luscious length and superb strength with our sensational Bio Sculpture Gel or show off your creative side with contemporary nail art designs and daring Minx nails.

Acrylic/Gel	Dhs	Mins
The original longer-looking, harder-woh-so-natural nails.	earing ar	nd
 H French Tips H Natural Tips H French Moulded H Natural Moulded H French Overlay H Natural Overlay 	390 335 400 365 325 290	150 120 180 150 150 120
Acrylic/Gel Care	Dhs	Mins
 H Refill H Rebalance H Weekly Check-Up & Buff H Weekly Check-Up & Polish H Weekly Check-Up & French Polish H Weekly Check-Up Manicure 	210 305 80 85 95	120 120 60 60 60
 H Weekly Check-Up French Manicure H Soak or Buff-Off Nails H Polish with Set of Enhancements H French Polish with 	125 100 20	90 40 10
Set of Enhancements	25	10

Silk	Dhs	Mins
Add natural-looking strength a	ınd length wi	th silk wraps.
 H French Tips H Natural Tips H Extended Silk H Natural Overlay H Half Overlay 	390 335 325 280 240	150 150 120 120 120
Silk Care	Dhs	Mins
H Refill H Weekly Check-Up & Buff H Weekly Check-Up & Polish H Weekly Check-Up & French Polish H Weekly Check-Up Manicu H Weekly Check-Up French Manicure Fooak or Buff-Off Nails H Polish with Set of Enhancements H French Polish with Set of Enhancements	95	120 60 60 60 90 90 40

H) = Hands	F = Feet
- or twinkling t	oes, just add 25%.

Nail Repair	Dhs	Mins
Quick fix nail repair to keep the good as new.	ose nails lo	ooking
H French Tip Natural Tip H French Overlay H Natural Overlay H Natural Overlay (Half) H Moulded Nail Repair Nail Art	55 45 45 40 30 Add 5	20 20 20 15 10 Dhs
Take a walk on the wild side wi meticulously created by our in	_	-
Contemporary Art with Crysta Stripes, or Acrylic Paints		Dhs per nail
Bio Sculpture Gel Art	from 30	Dhs per nail
Flamboyant Fashion	ı	
Extend fashion to your fingerti of Minx's hard-wearing yet ten		

(H)(F) Full set 230 Dhs / 260 Dhs

(H) F) Per nail 30 Dhs / 35 Dhs

120 mins

15 mins



Be a smooth operator with our hygienic 'no double dipping' wax that delivers a lot less ouch and reduced regrowth.

Dare To Bare	Dhs	Mins	Down Under	Dhs	Mins
Waxing all over			Bikini line	55	15
(not including Brazilian & face)	350	90	Half bikini	65	20
Full arms	80	30	Full bikini	90	30
Half arms	55	20	Half Brazilian	95	30
Under arms	45	20	Full Brazilian	130	45
Half arms & underarms	75	30			
Full arms & underarms	100	30	Threading		
Fingers & hands	15	10	Threading	Dhs	Mins
Fingers	10	5			
Toes	10	5	Forehead	30	10
Full legs	115	30	Eyebrows	55	20
Full legs & bikini	160	45	Eyebrows & upper lip	65	30
Half upper legs	85	20	Sides	35	20
Half lower legs	80	20	Upper Lip	30	10
Stomach	80	30	Chin	30	10
Half stomach	45	20	Neck	35	20
Back	80	30	Half face (no neck)	65	30
Half back	45	20	Full face (no eyebrows / neck)	80	40
			Full face including eyebrows	115	50

Take care of your body...

it's the only place you have to live.



Let's Go Lashes

Enjoy ultra-alluring eyes in double-quick time with Let's Go lash extensions. Choose from individual or cluster lashes in natural, colour, crystal and party eye candy – the effect is the same, only the durability differs.

Individual / cluster lashes*

initial 20 mins 200 Dhs

75 Dhs per subsequent 10 mins

Strip Lashes

100 Dhs

10 mins

Lashes removal

50 Dhs 10 mins

Alluring Lashes

Accentuate your natural lashes with a dab of dashing colour - the easier, longer-lasting and fully waterproof alternative to mascara!

Tinting

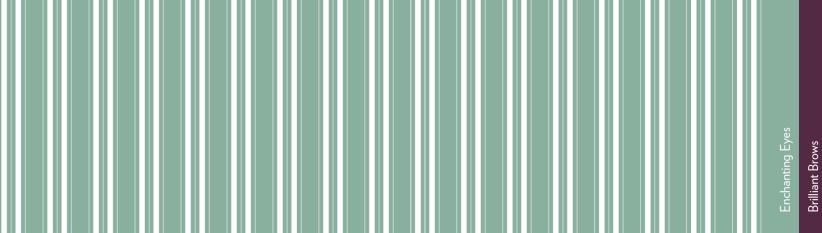
60 Dhs 30 mins

Enjoy special tailor-made packages when combining lashes and brows services - please enquire for details.

* Only available at selected locations

Set hearts – and eyes – a-flutter with luscious lashes for come-closer eyes. Whether you choose to tint, or thicken, you can do so from the comfort of the mani-pedi chair or the privacy of our treatment rooms.

Beauty is how you feel inside... and it shines in your eyes.





Defined Brows

Add symmetry and shape to your brows in a flash.

Threading

Dhs

20 mins

Bold Brows

Highlight brows with semi-permanent colour for maximum impact.

Tinting

55 Dhs

20 mins

Dynamic Brows

Define the perfect shape and colour for a captivating look that'll make you the belle of the ball.

Tint & Thread

95 Dhs

40 mins

Enjoy special tailor-made packages when combining lashes and brows services – please enquire for details.

Tame those beautiful brows and join us on our mission to bring gorgeous, eye-catching, head-turning brows to the world. Whether you choose to thread or tint, you can do so from the comfort of the mani-pedi chair or the privacy of our treatment rooms.

The most beautiful curve on a woman is a raised eyebrow.



Heavenly Facials

Enjoy the lustrous and youthful look adored by A-list celebs such as Kate Middleton. Lock in moisture and plump out skin cells with organic anti-ageing skincare range, Heaven by Deborah Mitchell.

Bee-Sting

Skin will be abuzz with energy and elasticity thanks to two magic ingredients; bee venom and Manuka honey.

70 mins

500 Dhs

Heaven Lia Therapy

Award-winning lymphatic drainage massage and acupressure points balance your mind, body and soul.

70 mins

550 Dhs

Angel Face Lift

A non-surgical face lift that tones, tightens, and refreshes the face – the perfect pick-me-up before a big event.

450 Dhs

50 mins

Dream

Banish insomnia, stress and anxiety with a tonic that lifts and tones the skin to leave you floating on air.

350 Dhs

50 mins

Heaven

Deeply moisturising and perfect for all skin types, this therapeutic facial will leave your head in the clouds.

250 Dhs

30 mins

Facials In A Flash

Treat those temples with an exclusive new 'in-chair' facial from "skin doctor to the stars", New York City dermatologist Dr. Dennis Gross.

•••••

DDG Alpha Beta Peel

Hollywood's secret treatment for diminishing fine lines and wrinkles is here! A gentle exfoliating treatment visibly reduces pore size, banishes breakouts and perfects sensational skin tone with a blend of alpha and beta hydroxy acids. We recommend a series of 8-6 treatments to start as results are cumulative – be warned, the clear and radiant glow is addictive!

270 Dhs

30 mins

DDG Instant Glow

Brighten and boost skin in an instant with a tingling and tantalising 'facial in a flash'. Alpha and beta hydroxy acids deliver soft skin and a long-lasting, radiant glow which can be extended for a further 30 days with our 'at-home' Alpha-Beta Daily Face Peel product.

160 Dhs

20 mins



Immerse body and mind in sensory delight with tension-busting, bliss-balancing body massages.

The Classic

Soothe away stress with our Swedish aromatherapy oil or try our mouth-watering chocolate candle oil massage; muscle tension-relieving kneading and tapping leaves you feeling relaxed yet invigorated.

60 mins

285 Dhs

The Slenderiser

Relaxing, cleansing lymphatic drainage massage stimulates tissue regeneration, eliminates toxins and visibly reduces the appearance of cellulite with a choice of three hand-blended Heaven oils.

Fix It – Reduce fluid retention and eliminate toxins with Heaven detox oil.

Mould It – Improve skin tone and elasticity with Heaven cellulite and firming oil.

Shape It – Enjoy smoother post-weight loss skin with Heaven firming and stretch mark oil.

70 mins

310 Dhs

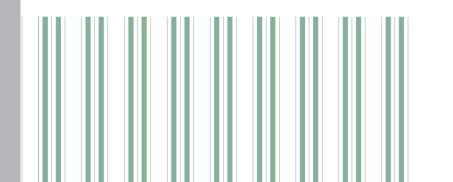
B&N Reviver

Multi-task with an in-chair deep pressure point back and neck massage – and enjoy complete relaxation while pampering other parts.

105 Dhs

30 mins

A good massage is like sunshine for your soul.





^

M

^

AAAAA

^

^^^

^

^

^

^

^^^

^

Loyalty Programme

Feel valued and cherished – not just today, but always. Jam-packed with features and benefits, our loyalty programme rewards you for embarking on your path to inner beauty with us. Find out more at thenailspa.com.

Tailormade Treatments

Enjoy personalised packages for on-going treatments – including nail care maintenance, massage therapy, and skin care regimes – when purchased in advance.

Girly Get-Togethers...

Add a certain something to your special occasion. Whether your exciting event is a hen party, bridal shower, baby shower or more, our team of talented therapists will deliver a whole new level of fun!

Out & About

Don't have time to drop in? Then we'll keep you looking and feeling beautiful in the comfort of your home or office with our Home Service, Desk Side Revival, and Party Planning service.

Gift Cards

The perfect present, our gift cards are available in-spa – and can be ordered online for direct delivery.

Attention To Retail

Our tried and tested retail products are the perfect partner for at-home pampering.

How We Work

Our talented team is obsessed with delivering all-over beauty with sensational service. Help us deliver the best imaginable care by following a few simple steps:

•••••

Best to book

To ensure an appointment at a time that suits you, please call or book online – in advance. We do accept walk-ins but availability is not guaranteed.

Early birds

Please arrive at least ten minutes before your appointment so we can plan your treatment with you. Late-comers may have their treatment shortened so we can accommodate our next customer – but you will be charged in full for the original booking.

Cancellation courtesy

Should you need to cancel, please call us and we will happily help you to reschedule your appointment. Please note we require a minimum of eight hours' notice as we reserve facilities for you when you book.

Maintain the mood!

Please set your mobile to silent and if you do have to use it, please don't put it on speakerphone.

Dress code

For all body treatments you will be provided with disposable underwear. Our pedi slippers are for in-spa wear only, so don't forget to leave them behind. For the in-chair B&N Reviver, please be sure to wear a suitable top.

Verv valuable

Keep your precious things close to you. It's your job to look after them

Room service

In-room service is only available at selected locations, so please enquire in advance.

Little ladies

Feel free to bring your mini-me if she's aged six or over, and promises to be good. If your little lady hasn't yet perfected the art of quiet relaxation, please keep her home.

Medical matters

Certain medical conditions may prevent us from delivering some of our services, so please notify us at the time of booking if you have any medical conditions or skin complaints.

Making amends

We pride ourselves on our high standards and attention to detail. However, should you have any issues we will happily fix any problem if we are notified within 24 hours of your visit.



Dubai

 $Abu\ Dhabi$

Arabian Ranches Golf Club Dubai Mall Ibn Battuta Mall Jumeirah Road Meadows Town Centre Mercato Mall The Aviation Club The Lakes - Emirates Hills Al Wahda Mall Eastern Mangroves Promenade World Trade Centre Mall

Call us on

600 544 001

www.thenailspa.com