

At The Nail Spa we know it's the little things in life that make you smile, and our focus on fab fingers and toes has become an obsession with all-over beauty that helps you say hello to smooth, shiny nails, gorgeously-groomed brows, and dare-to-bare skin.

Our talented team travels here, there and everywhere in search of incredible products and amazing new services. We coax out celebrity secrets to bring you A-list favourites such as Heaven by Deborah Mitchell and Dr. Dennis Gross Skincare, and all our products are tested – on us – so you know you're getting the absolute best. We're also dedicated to complimenting your well-deserved moments of beauty. That's why our loyalty programme builds a lifelong relationship that rewards you with relaxing treatments, time-saving tips, and handy suggestions.

But just like you, we know there's more to life than being pretty and pampered. Staff welfare is at the heart of everything we do. We love our team as if they were our own family, teaching our therapists lifelong skills at our beauty boot camp and providing scholarship opportunities for their children. We love our community and are actively involved in local charity fundraising campaigns and other neighbourhood events. We love our planet, sourcing environmentally-sound products and services wherever we can. And we love you, striving every day to make you feel even more valued and cherished. By loving everything we touch, we can promise beauty inside and out so you can ...just be beautiful!

But don't just take it from us; we've been recognised for our caring approach numerous times. These awards – including VIVA Magazine's 'Best Nail Bar' for three consecutive years – prove what we've always known: that beauty and brains are a winning combination.

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*'Best Nail Bar' by VIVA Magazine (2008, 2009, 2010)*

*'Business Woman of the Year' (Shabana Karim) by Dubai Quality Group (2010)*

*'Best Salon of the Region' by Essie (2011)*

*'Industry Award Winner for Health & Wellness' by SME Stars of Business Awards (2011)*

*'Admirable Woman Entrepreneur of the Year' (Shabana Karim) by SME Stars of Business Awards (2011)*

*'Corporate Social Responsibility Award' by Dubai Chamber (2011, 2012, 2013)*

Nail Necessities

Therapeutic Treats

Enhance, Enrich & Extend

So Smooth

Enchanting Eyes

Brilliant Brows

Fabulous Facials

Body Bliss

All About Us



### Complete Classic

Give hands and feet a much-needed boost with our classic mani-pedi. Natural products with botanical extracts and minerals add shine and moisturise, while a burst of beautiful colour is the cherry on top.

(H)(F)	180 Dhs	50 mins
(H)	90 Dhs	50 mins
(F)	100 Dhs	50 mins

### Flawless French

Wow hands and feet with winter-white tips over a sheer or a colour base polish for the ultimate cosmopolitan mani-pedi.

(H)(F)	French / Colour French 190 / 200 Dhs	50 mins
(H)	French / Colour French 95 / 100 Dhs	50 mins
(F)	French / Colour French 105 / 110 Dhs	50 mins

Love your hands and feet again with our pampering selection of classic treatments and polishes.

### Natural Nails

Show off your natural beauty with a unique conditioning mani-pedi that smoothes ridges and improves colour, leaving nails with a long-lasting, high-gloss and polish-free shine.

(H)(F)	180 Dhs	50 mins
(H)	90 Dhs	50 mins
(F)	100 Dhs	50 mins

### Final Finesse

Shorten drying time with our moisturising spray that promises touch-dry nail polish in a flash.

Bio Sculpture Quick Dry Spray 10 Dhs

### Colour Gel

Our colour gel mani-pedi treatments promise a non-chip permanent gel finish that's so natural you'll be amazed.

**Bio-Sculpture** is best for short nails and **New! Essie Gel** is great for all nails and comes in 36 stunning colours.

(H)(F)	Natural or Classic 290 Dhs	80 mins
(H)(F)	French / Colour French 310 / 340 Dhs	90 mins
(H)	Natural, Classic / French 150 / 160 Dhs	70 / 80 mins
(F)	Natural, Classic / French 160 / 180 Dhs	80 / 90 mins
(H)	Colour French 185 Dhs	80 mins
(F)	Colour French 195 Dhs	90 mins

(H) = Hands (F) = Feet

### Little Ladies

Special nail care services for little ladies aged 6-12 years. Mums and daughters can also enjoy a 15 Dhs saving on combined treatments of 200 Dhs or more.

(H)	Mini Manicure 45 Dhs	30 mins
(F)	Mini Pedicure 50 Dhs	30 mins
(H)(F)	Mini Shape & Polish 30 Dhs	20 mins
(H)(F)	Mini Polish Change 20 Dhs	20 mins

### Perfect Polish

The perfect quick fix for busy ladies, we shape your nails to your preferred style and finish with a slick of captivating colour and shine.

(H)	Shape & Polish / French / Colour French 55 / 60 / 65 Dhs	30 mins
(F)	Shape & Polish / French / Colour French 60 / 65 / 75 Dhs	30 mins
(H)	Polish Change / French / Shape & Buff 50 / 55 / 60 Dhs	20 mins
(F)	Polish Change / French / Shape & Buff 55 / 60 / 60 Dhs	20 mins

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### DDG Alpha Beta Peel Facial

Hollywood's secret treatment for diminishing fine lines and wrinkles is here! A gentle exfoliating treatment from celebrity dermatologist Dr. Dennis Gross visibly reduces pore size, banishes breakouts and perfects sensational skin tone with a blend of alpha and beta hydroxy acids. We recommend a series of 8-6 treatments to start as results are cumulative – be warned, the clear and radiant glow is addictive!

270 Dhs 30 mins

### (H) (F) DDG Hands or Feet Facial

Enjoy younger looking limbs with this incredible age-busting hand and feet 'facial'. Tackle tired hands or feet with a treatment – devised by NYC dermatologist Dr. Dennis Gross – that improves skin density, texture and tone.

160 / 170 Dhs 30 mins

*Relax and rejuvenate with our indulgent 'in-chair' pampering therapies.*

### DDG Instant Glow Facial

Brighten and boost skin in an instant with a tingling and tantalising 'facial in a flash' from celebrity skin care expert, Dr. Dennis Gross. Alpha and beta hydroxy acids deliver soft skin and a long-lasting, radiant glow which can be extended for a further 30 days with our 'at-home' Alpha-Beta Daily Face Peel product.

160 Dhs 20 mins

### (H) So Sweet Almond Dip

Pamper those fingers with a deliciously warm sweet almond oil dip that softens the cuticles and boosts your nails' health.

95 Dhs 30 mins

*Combine any Therapeutic Treat with our Complete Classic, Flawless French or Natural Nails treatment and enjoy a 15 Dhs saving.*

### (H) (F) Go Mango Mandarin

Restore your get up and go with this anti-ageing and anti-oxidant treatment. Enjoy radiant skin with a Dead Sea salt soak, sugar scrub, and a highly-hydrating hot stone bootie/mitten moisture mask and massage cream.

95 / 105 Dhs 30 / 40 mins

### (H) (F) Hot 'N' Cold Hydrotherapy

Stimulate circulation with this must-have minty Kneipp hydrotherapy. Pep up palms or toast tootsies with hot soaks, cold wraps and hot stone booties/mittens to pamper heavy, tired limbs and reduce water retention.

95 / 105 Dhs 30 / 40 mins

### (H) (F) Zone Therapy

Gently ease away stress and tension while stimulating body and soul with relaxing zone therapy and pressure point healing massage.

95 / 105 Dhs 30 / 40 mins

### (H) (F) Aromatherapy Indulgence

Relax and re-energise with a personalised selection of essential oils that soothe aching muscles and stimulate circulation.

95 / 105 Dhs 30 / 40 mins

### (F) Lavender Heel Peel

Cast off calluses and reveal super soft soles with a Lavender salt soak, AHA heel peel and sugar scrub followed by a soul-warming hot stone bootie wrap.

105 Dhs 40 mins

### (H) (F) Wrap & Relax

Dip into a hydrating hot paraffin wrap that rejuvenates hands and feet while its alluring aroma soothes your senses.

145 / 155 Dhs 30 / 40 mins

### (F) Minty Chocolate Sole Scrub

Put your feet up and scrub the day off with a tingling peppermint scrub followed by a mouth-watering chocolate candle oil massage that delivers soft and sparkling soles in a flash.

75 Dhs 20 mins

### B&N Reviver

Multi-task with an in-chair deep pressure point back and neck massage – and enjoy complete relaxation while pampering other parts.

105 Dhs 30 mins

(H) = Hands (F) = Feet

Therapeutic Treats

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### Bio Sculpture Gel

Eye-catching extensions with non-chip nail colour for stronger, longer nails.

	Dhs	Mins
(H) French Tips	390	120
(H) French Moulded	400	150
(H) Colour Moulded	365	140
(H) Natural Moulded	325	120
(H) French Overlay	325	100
(H) Colour French Overlay	325	120
(H) Colour Overlay	250	90
(H) Natural Overlay	200	80
(H) Glass Nails	400	150
(H) Gradation Moulded	400	150
(H) Gradation Overlay	300	100
(H) Lavender Base Treatment	140	60

### Bio Sculpture Gel Care

	Dhs	Mins
(H) Refill Colour	210	90
(H) Refill Natural	170	90
(H) Rebalance	305	120
(H) Weekly Check-Up	20	20
(H) Buff and Polish	80	60
(H) Soak Off	70	40
(H) Soak Off & Lavender Base	100	40

For twinkling toes, just add 25%.

Enjoy luscious length and superb strength with our sensational Bio Sculpture Gel or show off your creative side with contemporary nail art designs and daring Minx nails.

### Acrylic/Gel

The original longer-looking, harder-wearing and oh-so-natural nails.

	Dhs	Mins
(H) French Tips	390	150
(H) Natural Tips	335	120
(H) French Moulded	400	180
(H) Natural Moulded	365	150
(H) French Overlay	325	150
(H) Natural Overlay	290	120

### Acrylic/Gel Care

	Dhs	Mins
(H) Refill	210	120
(H) Rebalance	305	120
(H) Weekly Check-Up & Buff	80	60
(H) Weekly Check-Up & Polish	85	60
(H) Weekly Check-Up & French Polish	95	60
(H) Weekly Check-Up Manicure	115	90
(H) Weekly Check-Up French Manicure	125	90
(H) Soak or Buff-Off Nails	100	40
(H) Polish with Set of Enhancements	20	10
(H) French Polish with Set of Enhancements	25	10

### Silk

Add natural-looking strength and length with silk wraps.

	Dhs	Mins
(H) French Tips	390	150
(H) Natural Tips	335	150
(H) Extended Silk	325	120
(H) Natural Overlay	280	120
(H) Half Overlay	240	120

### Silk Care

	Dhs	Mins
(H) Refill	210	120
(H) Weekly Check-Up & Buff	80	60
(H) Weekly Check-Up & Polish	85	60
(H) Weekly Check-Up & French Polish	95	60
(H) Weekly Check-Up Manicure	115	90
(H) Weekly Check-Up French Manicure	125	90
(H) Soak or Buff-Off Nails	100	40
(H) Polish with Set of Enhancements	20	10
(H) French Polish with Set of Enhancements	25	10

(H) = Hands (F) = Feet

For twinkling toes, just add 25%.

### Nail Repair

Quick fix nail repair to keep those nails looking good as new.

	Dhs	Mins
(H) French Tip	55	20
(H) Natural Tip	45	20
(H) French Overlay	45	20
(H) Natural Overlay	40	15
(H) Natural Overlay (Half)	30	10
(H) Moulded Nail Repair	Add 5 Dhs	

### Nail Art

Take a walk on the wild side with daring designs meticulously created by our in-house nail artists.

Contemporary Art with Crystals, Stripes, or Acrylic Paints 15 - 25 Dhs per nail

Bio Sculpture Gel Art from 30 Dhs per nail

### Flamboyant Fashion

Extend fashion to your fingertips with a kaleidoscope of Minx's hard-wearing yet temporary nail decals.

(H) (F) Full set	230 Dhs / 260 Dhs	120 mins
(H) (F) Per nail	30 Dhs / 35 Dhs	15 mins

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*Be a smooth operator with our hygienic 'no double dipping' wax that delivers a lot less ouch and reduced regrowth.*

*Dare To Bare*

	Dhs	Mins
Waxing all over (not including Brazilian & face)	350	90
Full arms	80	30
Half arms	55	20
Under arms	45	20
Half arms & underarms	75	30
Full arms & underarms	100	30
Fingers & hands	15	10
Fingers	10	5
Toes	10	5
Full legs	115	30
Full legs & bikini	160	45
Half upper legs	85	20
Half lower legs	80	20
Stomach	80	30
Half stomach	45	20
Back	80	30
Half back	45	20

*Down Under*

	Dhs	Mins
Bikini line	55	15
Half bikini	65	20
Full bikini	90	30
Half Brazilian	95	30
Full Brazilian	130	45

*Threading*

	Dhs	Mins
Forehead	30	10
Eyebrows	55	20
Eyebrows & upper lip	65	30
Sides	35	20
Upper Lip	30	10
Chin	30	10
Neck	35	20
Half face (no neck)	65	30
Full face (no eyebrows / neck)	80	40
Full face including eyebrows	115	50

*Take care of your body...  
it's the only place you have to live.*

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## Enchanting Eyes

### *Let's Go Lashes*

Enjoy ultra-alluring eyes in double-quick time with Let's Go lash extensions. Choose from individual or cluster lashes in natural, colour, crystal and party eye candy – the effect is the same, only the durability differs.

Individual / cluster lashes\*  
200 Dhs            initial 20 mins  
75 Dhs             per subsequent 10 mins

### *Alluring Lashes*

Accentuate your natural lashes with a dab of dashing colour – the easier, longer-lasting and fully waterproof alternative to mascara!

Tinting  
60 Dhs             30 mins

*Enjoy special tailor-made packages when combining lashes and brows services – please enquire for details.*

*\* Only available at selected locations*

*Set hearts – and eyes – a-flutter with luscious lashes for come-closer eyes. Whether you choose to tint, or thicken, you can do so from the comfort of the mani-pedi chair or the privacy of our treatment rooms.*

*Beauty is how you feel inside...  
and it shines in your eyes.*



### *Defined Brows*

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Add symmetry and shape to your brows in a flash.

Threading      55 Dhs      20 mins

### *Bold Brows*

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Highlight brows with semi-permanent colour for maximum impact.

Tinting      55 Dhs      20 mins

### *Dynamic Brows*

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Define the perfect shape and colour for a captivating look that'll make you the belle of the ball.

Tint & Thread      95 Dhs      40 mins

*Enjoy special tailor-made packages when combining lashes and brows services – please enquire for details.*

*Tame those beautiful brows and join us on our mission to bring gorgeous, eye-catching, head-turning brows to the world. Whether you choose to thread or tint, you can do so from the comfort of the mani-pedi chair or the privacy of our treatment rooms.*

*The most beautiful curve on a woman is a raised eyebrow.*



## Fabulous Facials

### Heavenly Facials

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*Enjoy the lustrous and youthful look adored by A-list celebs such as Kate Middleton. Lock in moisture and plump out skin cells with organic anti-ageing skincare range, Heaven by Deborah Mitchell.*

### Bee-Sting

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Skin will be abuzz with energy and elasticity thanks to two magic ingredients; bee venom and Manuka honey.

500 Dhs 70 mins

### Heaven Lia Therapy

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Award-winning lymphatic drainage massage and acupressure points balance your mind, body and soul.

550 Dhs 70 mins

### Angel Face Lift

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A non-surgical face lift that tones, tightens, and refreshes the face – the perfect pick-me-up before a big event.

450 Dhs 50 mins

### Dream

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Banish insomnia, stress and anxiety with a tonic that lifts and tones the skin to leave you floating on air.

350 Dhs 50 mins

### Heaven

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Deeply moisturising and perfect for all skin types, this therapeutic facial will leave your head in the clouds.

250 Dhs 30 mins

### Facials In A Flash

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*Treat those temples with an exclusive new ‘in-chair’ facial from “skin doctor to the stars”, New York City dermatologist Dr. Dennis Gross.*

### DDG Alpha Beta Peel

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Hollywood’s secret treatment for diminishing fine lines and wrinkles is here! A gentle exfoliating treatment visibly reduces pore size, banishes breakouts and perfects sensational skin tone with a blend of alpha and beta hydroxy acids. We recommend a series of 8-6 treatments to start as results are cumulative – be warned, the clear and radiant glow is addictive!

270 Dhs 30 mins

### DDG Instant Glow

---

Brighten and boost skin in an instant with a tingling and tantalising ‘facial in a flash’. Alpha and beta hydroxy acids deliver soft skin and a long-lasting, radiant glow which can be extended for a further 30 days with our ‘at-home’ Alpha-Beta Daily Face Peel product.

160Dhs 20 mins





*Body  
Bliss*

*Immerse body and mind in sensory delight with tension-busting, bliss-balancing body massages.*

*The Classic*

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Soothe away stress with our Swedish aromatherapy oil or try our mouth-watering chocolate candle oil massage; muscle tension-relieving kneading and tapping leaves you feeling relaxed yet invigorated.

285 Dhs          60 mins

*The Slenderiser*

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Relaxing, cleansing lymphatic drainage massage stimulates tissue regeneration, eliminates toxins and visibly reduces the appearance of cellulite with a choice of three hand-blended Heaven oils.

**Fix It** – Reduce fluid retention and eliminate toxins with Heaven detox oil.

**Mould It** – Improve skin tone and elasticity with Heaven cellulite and firming oil.

**Shape It** – Enjoy smoother post-weight loss skin with Heaven firming and stretch mark oil.

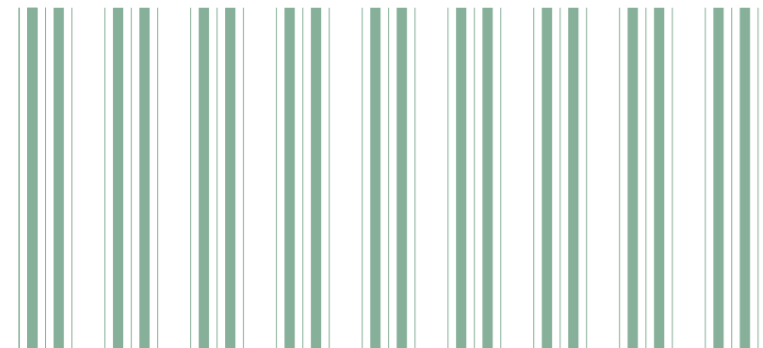
310 Dhs          70 mins

*B&N Reviver*

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Multi-task with an in-chair deep pressure point back and neck massage – and enjoy complete relaxation while pampering other parts.

105 Dhs          30 mins



*A good massage is like  
sunshine for your soul.*

## All About Us

### Loyalty Programme

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Feel valued and cherished – not just today, but always. Jam-packed with features and benefits, our loyalty programme rewards you for embarking on your path to inner beauty with us. Find out more at thenailspa.com.

### Tailormade Treatments

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Enjoy personalised packages for on-going treatments – including nail care maintenance, massage therapy, and skin care regimes – when purchased in advance.

### Girly Get-Togethers...

*Add a certain something to your special occasion. Whether your exciting event is a hen party, bridal shower, baby shower or more, our team of talented therapists will deliver a whole new level of fun!*

### Out & About

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Don't have time to drop in? Then we'll keep you looking and feeling beautiful in the comfort of your home or office with our Home Service, Desk Side Revival, and Party Planning service.

### Gift Cards

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The perfect present, our gift cards are available in-spa – and can be ordered online for direct delivery.

### Attention To Retail

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Our tried and tested retail products are the perfect partner for at-home pampering.

### How We Work

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Our talented team is obsessed with delivering all-over beauty with sensational service. Help us deliver the best imaginable care by following a few simple steps:

#### Best to book

To ensure an appointment at a time that suits you, please call or book online – in advance. We do accept walk-ins but availability is not guaranteed.

#### Early birds

Please arrive at least ten minutes before your appointment so we can plan your treatment with you. Late-comers may have their treatment shortened so we can accommodate our next customer – but you will be charged in full for the original booking.

#### Cancellation courtesy

Should you need to cancel, please call us and we will happily help you to reschedule your appointment. Please note we require a minimum of eight hours' notice as we reserve facilities for you when you book.

#### Maintain the mood!

Please set your mobile to silent and if you do have to use it, please don't put it on speakerphone.

#### Dress code

For all body treatments you will be provided with disposable underwear. Our pedi slippers are for in-spa wear only, so don't forget to leave them behind. For the in-chair B&N Reviver, please be sure to wear a suitable top.

#### Very valuable

Keep your precious things close to you. It's your job to look after them.

#### Room service

In-room service is only available at selected locations, so please enquire in advance.

#### Little ladies

Feel free to bring your mini-me if she's aged six or over, and promises to be good. If your little lady hasn't yet perfected the art of quiet relaxation, please keep her home.

#### Medical matters

Certain medical conditions may prevent us from delivering some of our services, so please notify us at the time of booking if you have any medical conditions or skin complaints.

#### Making amends

We pride ourselves on our high standards and attention to detail. However, should you have any issues we will happily fix any problem if we are notified within 24 hours of your visit.



## *Locations*

### *Dubai*

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Arabian Ranches Golf Club  
Dubai Mall  
Ibn Battuta Mall  
Meadows Town Centre  
Mercato  
The Aviation Club  
The Lakes - Emirates Hills

### *Abu Dhabi*

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Al Wahda Mall  
Eastern Mangroves Promenade  
World Trade Centre Mall

### *Call us on*

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*600 544 001*

*[www.thenailspa.com](http://www.thenailspa.com)*